

Advertisement

# consult the experts

health and  
wellness edition

This advertising service is intended for information purposes only. Schedule an appointment to discuss your individual needs. Forward questions to be answered in future columns to our experts' e-mail addresses.



## topic:

### Have you noticed an increase in cataract ads lately? Wondering what all the hype is about?

**advice:** A cataract is a cloudiness which occurs in the natural lens of the eye. Most often this occurs due to the natural aging process.

The cataract surgery process is simple, quick and option filled. The natural lens of the eye is removed and replaced with a small permanent implant. There are options for the implant at many price ranges. Traditional lens replacement often allows for near or distance vision only. Persons choosing this often wear reading glasses after surgery. New advanced technology options include multifocal lens implants which are like having a permanent bifocal lens. The brain adapts to the lens to allow near and distance vision. There is also a new premium lens option which improves vision by correcting for astigmatism. Finally, there is a new device which creates a laser guided incision at the beginning of the cataract surgery procedure.

All of these options cause a need for public awareness, the primary reason for the recent increase in cataract surgery advertising. The doctors of The Eye Care Institute offer all of these cataract surgery options.



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## topic:

### Supports for individuals with developmental or intellectual disabilities

**advice:** The Michelle P Waiver (MPW) is a home- and community-based waiver program within the Kentucky Medicaid program developed to care for individuals with intellectual or developmental disabilities.

MPW allows individuals to remain in their homes with services and supports. Commonwealth Nursing Solutions is one of many providers to assist with Home and Community Supports including:

- Personal Care
- Homemaker
- Respite
- Community Living Supports

Developmental disorders such as: Autism, Asperger syndrome, pervasive developmental disorder, as well as Intellectual Disabilities are a few diagnoses of the individuals that we work with in all aspects of their life ranging from 3 years old to adulthood.

CNS receives referrals from independent case managers where we then pair up a qualified staff who will be trained specifically meeting each individual's needs to assist in providing the tools necessary to gain more independence.

These services are offered through enrollment of the Department of Medicaid Services meeting the eligibility criteria which can be found at [chfs.ky.gov/dms/mpw.htm](http://chfs.ky.gov/dms/mpw.htm)



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